

THE NEURO LIGHT at Phuket Cleanse WOW Sessions

Here is a list of 28 (potentially) WOW NL sessions from the Brain Skills section (remember there are 80 Function Specific Brain Trainings in Brain Skills).

1. Cognition (Foundation) – Thalamus Cortex Synchronization (some claim it is their favorite Brain Skills Training)
2. Cognition (Foundation) – Memory Support (delicious body, druggy mind)
3. Cognition (Intermediate) – Fresh Learning (intense display)
4. Cognition (Advanced) – Visualization Stimulation (a blaster)
5. Cognition (Intermediate) – Positive Thinking (lovely)
6. Cognition (Advanced) – More Inspiration (gorgeous and very trippy)
7. Cognition (Advanced) – Clearing Conflict (a gentle beauty)
8. Cognition (Advanced) – Mental Workout (surprising solar plexus release)
9. Cognition (Intermediate) – More Attention (surprisingly sweet and sustained)
10. Mood (Foundation) – Mood Lift (sweet and fascinating)
11. Mood (Intermediate) – Shift Attitude (subtle and entrancing)
12. Mood (Intermediate) – Shift Behavior (very entrancing, wonderful, wondrous)
13. Mood (Foundation) – Less Anger (deep trance)
14. Mood (Foundation) – Less Fear (deep trance)
15. Mood (Intermediate) – Motivation Stimulation (uplifting, colorful, smooth)
16. Mood (Foundation) – Decrease Anxiety (deeply soothing, trance)
17. Mood (Intermediate) – Reduce Performance Anxiety (gorgeous displays, softer)
18. Mood (Intermediate) – Lift Mood (beautiful displays, smooth sailing)
19. Mood (Intermediate) – Relieve Sadness (exquisite, sweet, relieving in energy body)
20. Mood (Intermediate) – Confused Mind (deeply calming)
21. Mood (Intermediate) – Ease Worry (sweet and soothing)
22. Dependency ((Advanced) – General Dependency (buoyant, alluring, kind, forgiving)
23. Dependency (Advanced) – Addiction General (gorgeous, deep, moving)
24. Dependency (Foundation) – Post Trauma (very calming, soothing, sweet)
25. Exploration (Advanced) – Mind Transcend (opens up top of head)
26. Exploration (Advanced) – Mind Wide Open (very lovely indeed)
27. Exploration (Advanced) – Astral Shift (dreamy, floating, pleasure, lovely)
28. Exploration (Advanced) – Psychedelic (very trippy, wasted)